



## WORCESTER COUNTY SWIMMING ASSOCIATION Qualifying Times - County Championships 2009

### BOYS

EVENT	9	10	11	12	13	14	15/16	17/Ov
50m Freestyle	41.5	38.2	35.8	33.4	32.3	30.6	29.4	28.9
100m Freestyle		1:27.2	1:21.4	1:15.0	1:09.2	1:06.0	1:03.5	1:02.6
200m Freestyle	3:29.3	3:09.0	2:57.1	2:43.0	2:31.1	2:23.4	2:18.4	2:16.3
400m Freestyle	7:33.8	6:37.8	6:10.4	5:41.7	5:17.7	5:03.1	4:52.4	4:47.8
800m Freestyle				12:29.6	11:36.5	11:01.7	10:41.8	10:35.5
1500m Freestyle				22:48.5	21:08.0	20:02.9	19:35.8	19:05.0
50m Breaststroke	56.8	52.0	48.5	44.5	40.8	38.8	37.0	36.3
100m Breaststroke		1:53.1	1:44.4	1:35.7	1:27.6	1:23.2	1:19.8	1:18.2
200m Breaststroke	4:26.8	4:03.4	3:45.7	3:26.8	3:10.1	2:59.7	2:52.9	2:50.4
50m Butterfly	48.9	44.5	41.5	38.4	35.5	33.6	32.0	31.5
100m Butterfly		1:40.4	1:31.8	1:24.0	1:17.2	1:12.8	1:09.6	1:08.7
200m Butterfly	4:18.8	3:43.0	3:21.3	3:05.5	2:50.4	2:41.1	2:33.3	2:31.4
50m Backstroke	49.9	45.9	43.1	39.9	36.8	35.0	33.4	32.7
100m Backstroke		1:39.6	1:31.6	1:24.4	1:17.8	1:13.5	1:10.5	1:09.4
200m Backstroke	3:51.8	3:31.5	3:16.1	3:00.7	2:47.0	2:38.0	2:32.0	2:30.0
100m Individual Medley	1:50.9	1:41.3	1:35.3	1:28.3	1:21.1	1:16.6	1:13.6	1:12.0
200m Individual Medley	3:57.4	3:36.2	3:20.5	3:04.8	2:51.3	2:41.8	2:35.5	2:33.5
400m Individual Medley	07:47.6	7:47.6	7:05.3	6:30.1	6:01.4	5:43.0	5:30.1	5:25.1

### GIRLS

EVENT	9	10	11	12	13	14	15/16	17/Ov
50m Freestyle	41.6	38.2	35.7	33.7	33.3	32.6	32.1	31.9
100m Freestyle		1:26.5	1:19.9	1:14.5	1:11.3	1:09.8	1:08.9	1:08.3
200m Freestyle	3:28.5	3:04.7	2:52.4	2:40.7	2:33.1	2:30.3	2:28.2	2:26.9
400m Freestyle	7:36.7	6:31.2	5:58.7	5:34.2	5:18.8	5:13.1	5:09.4	5:07.8
800m Freestyle			12:25.6	11:37.3	11:00.2	10:44.7	10:44.7	10:40.0
1500m Freestyle			24:54.0	24:12.2	22:14.8	21:32.6	21:49.8	21:50.7
50m Breaststroke	56.8	51.0	47.4	44.2	41.9	40.9	40.2	40.1
100m Breaststroke		1:50.9	1:41.8	1:34.6	1:29.4	1:26.8	1:25.8	1:25.7
200m Breaststroke	4:24.2	3:56.6	3:38.3	3:22.9	3:11.8	3:07.0	3:05.2	3:04.5
50m Butterfly	49.0	43.4	40.7	38.1	36.3	35.4	34.8	34.6
100m Butterfly		1:37.8	1:29.4	1:22.7	1:18.8	1:16.5	1:15.9	1:15.4
200m Butterfly	4:18.1	3:37.9	3:17.4	3:02.1	2:52.5	2:47.3	2:44.8	2:44.1
50m Backstroke	50.0	44.8	42.0	39.5	37.6	36.8	36.3	36.0
100m Backstroke		1:37.4	1:29.5	1:23.1	1:18.9	1:17.4	1:16.0	1:15.8
200m Backstroke	3:50.8	3:26.3	3:09.3	2:57.4	2:49.3	2:45.3	2:42.6	2:41.5
100m Individual Medley	1:50.9	1:39.7	1:32.5	1:26.8	1:22.3	1:20.8	1:19.8	1:19.0
200m Individual Medley	3:55.7	3:30.0	3:14.1	3:01.2	2:53.1	2:49.3	2:46.9	2:46.4
400m Individual Medley	07:29.2	7:29.2	6:50.5	6:21.4	6:03.4	5:55.4	5:50.7	5:49.3

*The Promoter reserves the right to further restrict entries for good Gala management*

**Age as at 29 March 2009 - All times to have been achieved between 16/4/2008 – 16/4/2009  
in Open Competition (no splits), Club Competition or official Club Time Trials**

**Closing Date - Friday 16 January 2009**

All entries must be submitted through your Club's Swimming Representative