



TARGETED OPEN MEETS



2008/2009

Performance 1 and 2:

OCTOBER 08

5 th	Worcester County Sprints	Wolverhampton	25m
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NOVEMBER 08

29th/30th	Welsh Capital Open Meet LC	Cardiff	50m
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DECEMBER 08

6th/7th	Nuneaton and Bedworth Meet <i>200m/400m</i>	Pingles	25m
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JANUARY 09

24th/25th	Brierley Hill Open Meet SC	Wolverhampton	25m
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APRIL 09

4th/5th	Nuneaton and Bedworth SC <i>100m/200m</i>	Pingles	25m
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TBC (26 th)	Haden Hill Open SC Meet	Wolverhampton	25m
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MAY 09

29/31st	City of Sheffield 'no frills' Meet	Pondsforge	50m
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We are currently looking for designated sprint meets and another 50m Open meet

Development/Advanced:

SEPTEMBER 08

14 th	County Development Meet SC	Wolverhampton	25m
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NOVEMBER 08

2nd	Brockworth, Cinderford and Lydney SC	Gloucester	25m
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29th/30th	Welsh Capital Open Meet LC	Cardiff	
50m			

JANUARY 09

18th	City of Coventry LC Open Meet	Coventry	50m
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MAY 09

17 th	Crystal B SC Open Meet	Wolverhampton	25m
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JUNE 09

20th/21st	Gloucester City SC Open Meet	Gloucester	25m
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